

YOUR TIME TO SHINE

INSTRUCTIONS

The Your Time to Shine Challenge is 14 days of creative challenges inspired by the audio experience We step outside and start to dance.

A creative challenge is a playful prompt to inspire accessible, creative activities linked to themes in the audio drama. The challenges are varied and explore all sorts of creative forms including dancing, writing, building and exploring.

Whilst you do not need to have listened to We step outside and start to dance to take part, we highly recommend that you do. This will hopefully inspire your creative responses to the challenges and help you to better understand where they have come from.

A challenge should take as long as you have available or want to participate, and shouldn't require any materials that you aren't likely to have around you. You can take part in all of them, one of them, as many as you'd like.

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Starting on Wednesday 18 November at noon, We step outside and start to dance will release daily challenges on our social media channels and website.

We would love you to take part in whatever way you feel comfortable, from making a video or artwork to sharing a few words or a GIF on the posts. You can go big as you like, or as small as you like. And if you'd like to share what you do with us, we'd love to see it.

We'd love you to share your creations and challenges with us on our Facebook or Instagram pages (@westarttodance) or on Twitter using #WeStartToDance so we can find you!

At the time of release we are in Lockdown (currently due to end on 2 December 2020). Please stay within the current Government restrictions when participating in these challenges. You can take part as individuals or as households or bubbles. For groups unable to be together in person right now, why not get together on an online platform such as Zoom to discuss ideas, inspire each other and take part.

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#WeStartToDance

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This is your time to shine! This challenge is all about celebrating you!

Below are some ideas to get you thinking:

- Share something with us that you are proud of.
This could be something you've already created or achieved. Or maybe it's a lockdown hobby, a new skill you have learnt recently or that you managed to dance for the whole 30-minutes during We step outside and start to dance!
- Share something that someone else has done and take this as a chance to shout about their shine.
- Get creative and produce something with the theme 'Your Time to Shine'. You could create a new dance routine, a poem or a song. You could draw, paint, sew, collage, take photos or perhaps bake a cake!
- If you'd just like to share a few words with us, we'd love to read them.